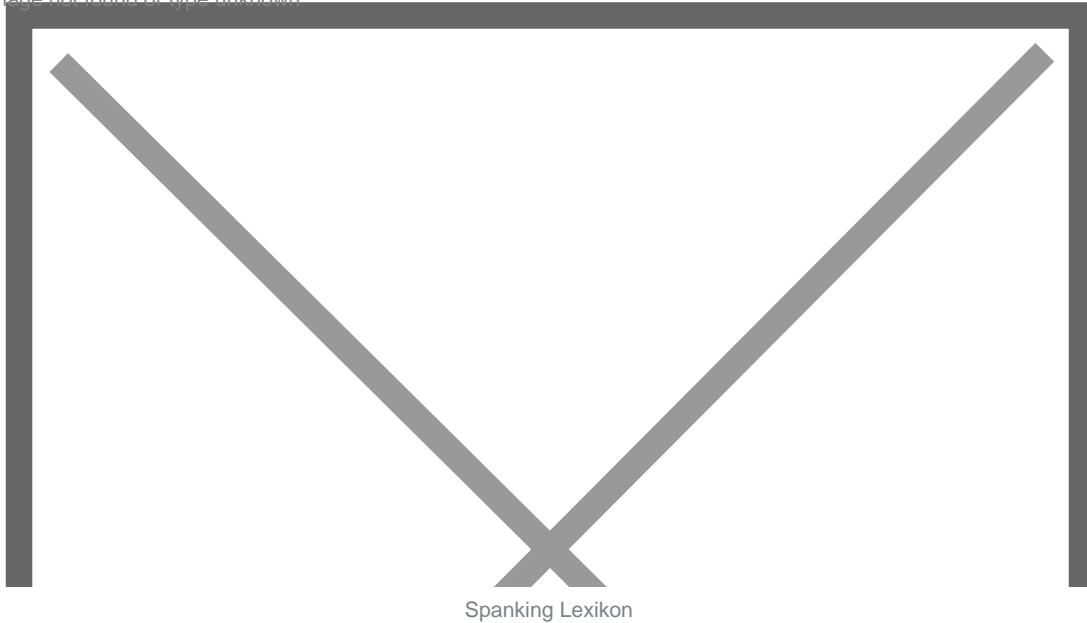


Praktiken **Birthday Spanking**

In US culture, the custom of birthday spanking is widespread. The “birthday boy”, who can be a child but also an adult, gets as many spansks on his birthday as the number of years he has lived: “plus one to grow on”.

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The exact procedure of “birthday spanking” varies from family to family; often the celebrant gets his or her “birthday spanking” from every schoolmate, sibling or guest, so that ultimately it can become quite a tangible affair. In India, there is a similar tradition called birthday bumps. Here, the birthday boy or girl is lifted by his or her wrists and ankles and then dropped (gently) on the floor with his or her [bottom](#) a number of times corresponding to his or her age.